



COURSE REGISTRATION SPRING 2022

Bulldog 360 is supplemental learning, vibrant classes, and fun community building – all happening after school hours. Courses will be taught in person, on campus by SSESH faculty and staff (only) to SSESH students (only).

KEY DATES

- Registration: January 10-28
- Spring Start: Week of February 7
- No Bulldog 360 during school holidays, conferences, and in-service dates.
- Spring End: Week of April 18

CONTACT US

Ms. Liz Newchurch
 Bulldog 360 Coordinator and
 Lower Elementary 1 Lead Teacher
lnewchurch@ssesh.org

	Monday	Tuesday	Wednesday	Thursday	Friday
Primary 3:45-4:30 pm	Art Exploration w/ Ms. Alyssa	Creative Movement w/ Ms. Flora	Soccer w/ Mr. Ian	Yoga w/ Ms. Denise	
Lower EI 3:45-4:30 pm (da Vinci = 3:45-5:30)	Basketball w/ Mr. Ian da Vinci Lab w/ Mr. Charlie	Photo Moto w/ Ms. Sasha da Vinci Lab w/ Mr. Charlie	Yoga w/ Ms. Denise	Fiber Arts w/ Ms. Alyssa	
Upper EI / MY 3:45-4:30 (da Vinci = 3:45-5:30)	Robotics w/ Mr. Matt	Basketball w/ Mr. Ian	Bilingual Cooking w/ Ms. Gi da Vinci Lab w/ Mr. Charlie	Musical Theatre w/ Mr. Darius Yearbook w/ Ms. Sara da Vinci Lab w/ Mr. Charlie	da Vinci Lab w/ Mr. Charlie

PRIMARY BULLDOG 360



Primary Art Exploration w/ Ms. Alyssa – Mondays 3:45-4:30 pm – Dates: 2/7, 2/14, 2/21, 2/28, 3/7, 3/21, 3/28, 4/4, 4/11, 4/18

Students will make their own masterpieces inspired by art from around the world! We will explore the artwork of Alma Woodsey, Yayoi Kusama, Piet Mondrian, Claude Monet, Henri Matisse, Kandinsky, Rene Magritte, Salvador Dali, Pablo Picasso, and Georgia O'Keefe. Students will work with different art mediums and skills that include painting, drawing, sculpture, watercolor, collaging, oil pastels, cutting, gluing, and more! At the end of the semester, student artwork will be displayed and shared with our SSESH community. Art-friendly clothes recommended. Smocks will be worn for the duration of class. *Price: \$200 per student. Supply fee: \$50.*



Primary Soccer w/ Mr. Ian – Wednesdays 3:45-4:30 pm – Dates: 2/9, 2/16, 2/23, 3/2, 3/9, 3/23, 3/30, 4/6, 4/13, 4/20

Come have some fun with Mr. Ian! We will begin each session by stretching and running, and then move into drills and games. Students will learn to use their feet to control the ball and practice soccer skills such as dribbling, passing, and shooting. If you are very accurate, you might even get to turn Mr. Ian into an animal of your choice! *Price: \$200 per student. Supply Fee: \$0.*



Creative Movement w/ Ms. Flora – Tuesdays 3:45-4:30 pm – Dates: 2/8, 2/15, 2/22, 3/1, 3/8, 3/22, 3/29, 4/5, 4/12, 4/19

Join Ms. Flora on an adventure in movement – we will build on our in-class practice of body movement by adding skills such as scarf dancing and handheld musical instruments (shakers, finger cymbals, and more as crafted by the students). Our movement will be informed by modern dance techniques and classical ballet. Our end-of-term presentation will be a collaborative dance, recorded and shared as a gift to our SSESH community. Please wear comfortable clothes that will allow you to bend and stretch freely. Shoes will be removed during class. *Price: \$200 per student. Supply Fee: \$15.*



Primary Yoga w/ Ms. Denise – Thursdays 3:45-4:30 pm – Dates: 2/10, 2/17, 2/24, 3/3, 3/10, 3/24, 3/31, 4/7, 4/14, 4/21

In yoga class, Primary students will participate in a dynamic training program, which will include physical exercise, breathing techniques, mindfulness practices, and relaxation. This class is inspired by emerging research that indicates that certain health and wellness practices can improve educational outcomes for students, improve school culture, and reduce stress. Ms. Denise has several years of experience both training students in health and wellness practices and working with schools around the country on implementing a health and wellness curriculum. *Price: \$200 per student. Supply Fee: \$15.*

Terms & Conditions

- All students participating in Bulldog 360 must adhere to the guidelines in the Student and Family Handbook.
- The fee for late pick ups is \$20 plus \$1 per minute.
- In the event that an instructor is not able to teach the course on a given day, a make-up course will be scheduled or a pro-rated refund will be issued.
- Attendance will be taken in Bulldog 360 for purposes of COVID-19 contact tracing.
- The point of contact for all queries on Bulldog 360 is Ms. Liz Newchurch - lnewchurch@ssesh.org
- The point of contact for all COVID-19 matters is Ms. Penny Barker, pbarker@ssesh.org

LOWER EL BULLDOG 360



Lower Elementary Photo Moto w/ Ms. Sasha – Tuesdays 3:45-4:30 pm – Dates: 2/8, 2/15, 2/22, 3/1, 3/8, 3/22, 3/29, 4/5, 4/12, 4/19
Photo Moto is a fun and engaging photo class for kids offering a space to experiment with various concepts and modes of photography. Students will do a photo scavenger hunt, light painting with Canon cameras, and try out Instax instant camera photos, among many different fun challenges! Students will learn about the history and development of photography, and experiment with the different mechanisms of capturing an image. *Price: \$200 per student. Supply Fee: \$75.*



Lower Elementary Fiber Arts w/ Ms. Alyssa – Thursdays 3:45-4:30 pm – Dates: 2/10, 2/17, 2/24, 3/3, 3/10, 3/24, 3/31, 4/7, 4/14, 4/21
A hands-on course in fibers and textiles! Students will engage in weaving, macrame, fiber sculpture, sewing, knitting, and embroidery. Students will build their fine motor skills and creative expression. Students will make their own personal projects for each medium. Throughout the semester, students will also be working on a large community weaving piece to be displayed and shared with our SSESH community. *Price: \$200 per student. Supply Fee: \$50.*



Lower Elementary Basketball w/ Mr. Ian – Mondays 3:45-4:30 pm – Dates: 2/7, 2/14, 2/21, 2/28, 3/7, 3/21, 3/28, 4/4, 4/11, 4/18
Want to have fun and get some exercise in the winter months while also building eye-hand coordination? Sign up for Basketball Basics with Mr. Ian! Students will learn the rules and fundamental skills of basketball, such as dribbling, passing, and shooting. There will be individual and group drills so that students can improve their own abilities while also practicing teamwork. No prior experience is needed to join, but appropriate footwear is required! *Price: \$200 per student. Supply Fee: \$0.*



Lower Elementary Yoga w/ Ms. Denise – Wednesdays 3:45-4:30 pm – Dates: 2/9, 2/16, 2/23, 3/2, 3/9, 3/23, 3/30, 4/6, 4/13, 4/20
In yoga class, Lower Elementary students will participate in a dynamic training program, which will include physical exercise, breathing techniques, mindfulness practices, and relaxation. This class is inspired by emerging research that indicates that certain health and wellness practices can improve educational outcomes for students, improve school culture, and reduce stress. Ms. Denise has several years of experience both training students in health and wellness practices and working with schools around the country on implementing a health and wellness curriculum. *Price: \$200 per student. Supply Fee: \$15.*



da Vinci Lab w/ Mr. Charlie Larrabee – Mondays and Tuesdays, 3:45 – 5:30 pm – Dates: Jan 10 – May 17
Session 1 (4 weeks): Electronics – Students will explore motors, circuits, wearables, sensors, and coding. *Price: \$145 - 1 day, \$215 - 2 days.*
Session 2 (10 weeks): 2-D Design – Students will learn about design, laser cutting, sewing, ceramics. *Price: \$350 - 1 day, \$540 - 2 days.*
Session 3 (4 weeks): 3-D Design – Students will study 3-D space, 3-D printing, Sketchup, Mesh Mixer. *Price: \$145 - 1 day, \$215 - 2 days.*

UPPER EL AND MIDDLE YEARS BULLDOG 360



Upper Elementary and Middle Years Yearbook w/ Ms. Sara – Thursdays 3:45-4:30 pm – Dates: 2/10, 2/17, 2/24, 3/3, 3/10, 3/24, 3/31, 4/7, 4/14, 4/21
Photography, school spirit, software, composition, design, and procurement combine in this course where we produce the SSESH 2021-22 yearbook. These moments pass by but once for our students; the Yearbook will celebrate our students' learning, service, and growth. All students enrolled in this course will receive a free yearbook. *Price: \$200 per student. Supply fee: \$0.*



Upper Elementary and Middle Years Bilingual Cooking Class w/ Ms. Gissela – Wednesdays 3:45-4:45 pm – Dates: 2/9, 2/16, 2/23, 3/2, 3/9, 3/23, 3/30, 4/6, 4/13, 4/20
In this class, students will develop skills, learn basic cooking techniques, and kitchen safety. In addition, they will evolve in their relationship with different foods as they handle, taste, and understand their nutritional contribution. For this new semester, Ms. Gi will give a basic overview of typical Peruvian cuisine, making reference to classic representatives of it, such as Peruvian ceviche, huancaína potatoes, coriander rice with chicken, seafood chaufa, stuffed peppers, quinoa muffins, picarones, and more! Students will discover ingredients native to the country and will also work with other western ingredients that bring big changes to the Peruvian diet. *Price: \$200 per student. Supply Fee: \$75.*



Upper Elementary and Middle Years Robotics w/ Mr. Matt – Mondays 3:45-4:30 pm – Dates: 2/7, 2/14, 2/21, 2/28, 3/7, 3/21, 3/28, 4/4, 4/11, 4/18
Are you interested in one day commanding an army of robot underlings who fulfill your every wish? Well, first you need to know the basics! Join Mr. Matt each Monday to learn how to build and program LEGO robots capable of accomplishing all sorts of tasks. We will go through the basics of movement and sensors using a GUI-based programming software to prepare for the option to eventually attend a Robotics competition next school year. I can't guarantee that we will create robots that can finish your homework, but I'm not ruling anything out either. *Price: \$200 per student. Supply Fee: \$75.*



Upper Elementary and Middle Years Basketball w/ Mr. Ian – Tuesdays 3:45-4:30 pm – Dates: 2/8, 2/15, 2/22, 3/1, 3/8, 3/22, 3/29, 4/5, 4/12, 4/19
Want to have fun and get some exercise in the winter months while also building eye-hand coordination? Sign up for Basketball Basics with Mr. Ian! Students will learn the rules and fundamental skills of basketball, such as dribbling, passing, and shooting. There will be individual and group drills so that students can improve their own abilities while also practicing teamwork. No prior experience is needed to join, but appropriate footwear is required! *Price: \$200 per student. Supply Fee: \$0.*



da Vinci Lab w/ Mr. Charlie Larrabee – Wednesdays, Thursdays, Fridays 3:45 – 5:30 pm – Dates: Jan 12 – May 20
Session 1 (4 weeks): Electronics – Students will explore motors, circuits, wearables, sensors, coding. *Price: \$145 - 1 day, \$215 - 2 days, \$315 - 3 days.*
Session 2 (10 weeks): 2-D Design – Students will learn about design, laser cutting, sewing, ceramics. *Price: \$350 - 1 day, \$540 - 2 days, \$780 - 3 days.*
Session 3 (4 weeks): 3-D Design – Students will study 3-D space, 3-D printing, Sketchup, Mesh Mixer. *Price: \$145 - 1 day, \$215 - 2 days, \$315 - 3 days.*